

# THE DSG News

PEOPLE WITH DOWN SYNDROME - VALUED AND INCLUDED

A P U B L I C A T I O N O F T H E D O W N S Y N D R O M E G U I L D O F D A L L A S

August 2010

Affiliate of the National  
Down Syndrome Congress  
and the National Down  
Syndrome Society

## 2010 Herb's Paint and Body/Down Syndrome Guild Golf Classic

**T**uesday, September 21, 2010  
Canyon Creek Country Club  
625 W. Lookout Drive  
Richardson, TX 75080  
\$175 entry fee

Once again we are partnering to raise funds that will allow the Down Syndrome Guild of Dallas to carry out its mission of providing accurate and current information, resources, and support for people with Down syndrome, their families, and the community. The DSG will receive all proceeds of the tournament. We are pleased to announce that Joe Trahan of WFAA-TV will again be the honorary chair of the golf tournament. This will be a tournament you will not want to miss!



HERB'S PAINT & BODY  
DOWN SYNDROME GUILD  
GOLF CLASSIC

Herb's Paint & Body is a family of auto repair businesses founded in 1956. Herb Walne started his business with a Humble Gas Station located in Northeast Dallas. Herb soon added a full-service paint and body shop that has become an icon in and around the Dallas area. Today, customer service is still their number one concern, as well as giving back to the community. Currently, there are six full-service Herb's Paint & Body shops in the Dallas metro area.

There are many sponsorship opportunities available. Honor your child by becoming a hole sponsor for only **\$200**. If you or your company is interested in a sponsorship packet, please contact Becky Slakman at (214) 267-1374 or [dsged@sbcglobal.net](mailto:dsged@sbcglobal.net).

Not a golfer? Kari Hatfield, 2010 Golf Tournament Chair and her committee also have many ways for you to volunteer and be a part of the day. Lunch and dinner will be provided. We hope to see you there!

**\*\*Returning this year!** Non-tournament participants will have the opportunity to purchase drawing tickets for great packages. Stay tuned for additional information.

## Down Syndrome Guild Fall Conference

**L**earning Together - Focusing  
on Possibilities  
Saturday, October 23, 2010  
Crowne Plaza Suites - Dallas  
7800 Alpha Road  
Dallas, TX 75240  
9:00 am - 4:30 pm  
Registration begins at 8:00 am

This year's conference will interest a diverse group of attendees – parents who have a child of any age with developmental disabilities, family members, self advocates, service providers, educators, para-professionals, and school administration are all encouraged to attend. There is sure to be something for everyone - two keynote speakers and a variety of session topics.

Speaker bios and session descriptions can be found on the Down Syndrome Guild website at [www.downsyndromedallas.org](http://www.downsyndromedallas.org). For additional information, contact Becky Slakman by phone at (214) 267-1374 or by e-mail at [dsged@sbcglobal.net](mailto:dsged@sbcglobal.net).

## Meet the Board

The DSG is proud to introduce our board members who are returning. This month we'd like you to meet:

**Carla Austin** is an occupational therapist with a pediatric private practice serving a number of children and young adults with Down Syndrome. Carla lives in Dallas with her husband Mike and dog Gabby and enjoys traveling often on her bike, gardening and reading. Carla and her husband Mike have two adult children, a son who lives in Denver and a daughter in San Antonio. They enjoy seeing them as often as time and schedules permit.

**Lynn Campbell** is in her second year on the Down Syndrome Guild board and serves on the Guild's education committee. She is a speech-language pathologist in private practice, who works with people of all ages with Down syndrome. She is interested in the development of communication, the relationship of language and learning to cognitive development, and reading and writing with students with Down syndrome and other disabilities that affect cognition. Lynn and her husband, Steve Campbell, enjoy walking and spending time with family.

**Stephanie Crow** is beginning her 2nd year as a board member this time around has held many board positions in the past including President. Stephanie is a Rental Management Manager for Enterprise Rent A Car. She is married to Gary and they are the very busy parents of Katelyn age 15, Collin age 12 (who has been featured in our DSG calendar many times), Cooper age 5 and Caden age 3. Although she has very little spare time, she enjoys spending this precious time being with her family. Stephanie is currently the Co-chair of the 4th Annual Herb's Paint & Body/Down Syndrome Guild Golf Classic.

**Anita Ford** is beginning her 3rd

year on the DSG board and is the current Parent to Parent Chairperson. She has also served on other various DSG committees including the Fall Conference and Buddy Walk committees. Anita is the Founder and Past President of the Down Syndrome Association of Acadiana in Lafayette in Louisiana and she was recently appointed to serve on the National Down Syndrome Society (NDSS) Affiliate Advisory Board. Anita and her husband of 19 years, Ed, are the proud parents of Mandy, who is pursuing her Masters degree in OT at Texas Tech and Eric, age 10. She enjoys taking black belt class in Taekwondo with her husband and son.

**Jim Gulley** is the married father of three children ages 8, 6 and 4 and is a 10 year captain for Express Jet Airlines. Born in Tyler, Texas, Jim spent his high school years in Dallas attending St. Marks School of Texas. He graduated from Washington University in St. Louis with a BA in Psychology and then spent 3 years doing legislative work in the U.S. Senate and 5 years working and living in Mexico. While in Mexico, Jim became proficient in the Spanish language and earned his MBA from Instituto Tecnológico y de Estudios Superiores de Monterrey (ITESM). Jim returned to Dallas in 1995 where he was Vice President of operations for Assurance Medical, Inc. (AMI), a drug and alcohol risk mediation company. After 8 years with AMI he retired from the business world and began his career as a commercial airline pilot. Mr. Gulley is active in his children's school as PTA president and enjoys farming, hunting and politics.

**Jennifer Hood** is the mother of Grover, 4 and Avery, 2, and celebrating her 10th wedding anniversary to husband Chris. Grover has Down Syndrome and has been a tremendous joy and blessing to their extended family including

cousins, aunts, uncles, grandparents and great-grandparents who all live in the area. Jennifer is a Registered Dietitian with a master's in nutrition and a graduate of The Culinary Institute of America in New York. She enjoys preparing all natural "gourmet" tube feedings for Grover and a special diet to control Avery's Juvenile Rheumatoid arthritis. Jennifer loves to teach and inspire others on healthy cooking and she and Chris lead a cooking class for adults with Down Syndrome. She also loves to travel, read, exercise, and play outside.

**Angela O'Brien** is the wife of Michael, an entrepreneur, and mother of Danny, 9 and Casey Jane, 6 with Down syndrome. Their family moved here from Maryland after Casey was born to be closer to family and she feels fortunate to be able to stay at home with her children. She has been on the DSG Board for 3 years now, after getting involved through her team efforts with the Buddy Walk. Angela really enjoys playing with her children, volunteering, traveling, running with friends, and competing in triathlons.

**Jessica Smith** is beginning her fourth year as a board member. She works at the Hockaday School during the school year and is also an usher at her church. She goes to the Y each week for a workout. Jessica is 31 years old and has always liked all kinds of music, especially hip hop for dancing and rock music. She has been active with Special Olympics for many years playing both tennis and basketball and is the proud winner of many medals. In her spare time she enjoys watching movies. She has traveled a lot with her parents. Her parents are no longer surprised when people tell them they know Jessica. Summer plans for Jessica include traveling to Seattle to visit her sister Katie.

## Presidents's Message

By Terri McKinney

Fellow Members:

I was excited and privileged to attend the National Down Syndrome Congress 2010 Magic Moments Annual Convention in July. Known for making dreams come true, Walt Disney World was more magical than ever as we gathered from around the world to interact with educators, medical professionals, affiliate organizations, and families within the Down syndrome community. It was exhilarating and inspiring to see so many families spending time together. The Convention program included educational seminars while hosting festive events for the whole family. I also found that it highlights the importance of our national organizations to our members. The National Down Syndrome Congress ([www.ndsccenter.org](http://www.ndsccenter.org)) and National Down Syndrome Society ([www.ndss.org](http://www.ndss.org)) perform different roles yet they provide invaluable resources to a variety of audiences. I encourage you to reference their respective websites to learn more about their current educational and legislative initiatives on a national level.

We're creating our own bit of magic here as we've begun work on our calendar of events for the Fall. Plans are underway for the Golf Tournament, Fall Conference and Buddy Walk. These are great ways to introduce the Down Syndrome Guild of Dallas to your circle of friends and contacts. Your simple invitation may open a door

***Magic is believing in yourself, if you can do that, you can make anything happen.***

to greater understanding and inclusion for our families. Full details can be found on our website for these activities so Mark Your Calendar and spread the word to volunteer and attend!!!

We're also excited about our Teen Community Service Project that's being filmed for the Slant 45 documentary. You can support this effort by donating needed items listed on page 7 to Family Gateway. For more information, you can contact Cara Prentice at [cprentice.dsg@verizon.net](mailto:cprentice.dsg@verizon.net)

Stay cool and enjoy these final days of summer. I hope you'll discover something magical in your day!

## Dad's Group Happy Hour

**W**ednesday, August 18, 2010  
6:30 pm - 8:30 pm  
The Londoner  
14930 Midway Road  
Addison, TX 75001  
phone: (972) 458-2444

Join co-chairs, Jim Wright and Doug Dureau, for drinks and conversation. Feel free to invite other Down Syndrome Guild dads who might enjoy attending. RSVP to Becky Slakman at (214) 267-1374 or via e-mail at [dsged@sbcglobal.net](mailto:dsged@sbcglobal.net). Not able to join this time, but would like to be added to the list to receive information for future events? Let Becky know that as well.

## Mommy & Me Class

**W**ednesdays, this fall!  
September 15-  
December 15, 2010  
(No Class Wednesday Nov. 25th)  
10:00 am - 11:30 am  
Aaron Family Jewish  
Community Center  
7900 Northaven Road  
Dallas, TX 75230

The Down Syndrome Guild invites moms of toddlers with Down syndrome ages 1 – 3 years old to this fun learning experience. The class will be taught by Cynthia Casper, a certified *Music Together* instructor. Cynthia is a master teacher with a degree in Early Childhood Education, who has over 20 years experience teaching preschool children. Mornings will include music, art, free play, movement activities, informal parenting discussions, as well as joining together with other toddlers for an outdoor playground experience.

No fee for Down Syndrome Guild members but space is limited to the first 12 toddlers to register. You must commit to the entire semester.

To register, call or e-mail Becky Slakman at (214) 267-1374 or [dsged@sbcglobal.net](mailto:dsged@sbcglobal.net).

## Recap of Advocacy Training with Mike Bright

Thanks to Mike Bright, Executive Director of the Arc of Texas for an enlightening and informative meeting about how to advocate for our loved ones with Down syndrome. In addition to his role as The Arc's executive director, Mike is also the team leader for the Governmental Affairs Department. He has more than 30 years of experience in advocating for the rights of people with intellectual and developmental disabilities.

Mike provided us with many helpful tips on how to advocate at a grassroots level, but just as important he informed us on the key issues that The Arc of Texas is focusing on during the next legislative session. These are the issues that affect all people with intellectual disabilities; the issues that your personal stories can impact. Of the utmost concern, is that the State of Texas is estimating an \$18 billion dollar budget shortfall in the next 2 years. This shortfall has the potential to significantly impact the services provided to people with disabilities. The Arc of Texas will focus on advocating for the following 6 priorities:

1. Keep the money and services that we already have and safeguard against budget cuts
2. Expand services that are provided and end the 8-10 year waiting lists for those services
3. Increase attendant wages- Texas has some of the lowest wages and highest turnover of direct care providers in the nation. For our loved ones to receive quality services they must be provided by educated, well trained, and well paid providers
4. Education funding- The legislature will likely be looking at education funding in general. However, special education funding formulas are tied closely to general education funding

formulas, so any change in the way that general education is funded could have an effect on funding for kids with disabilities.

5. There is currently a movement to de-regulate education services that are not general education; this could have a profound effect on current special education services- less rules may mean less rights or services for students with intellectual disabilities

6. Employment services for people with intellectual disabilities- priority will be to support supported employment services

These issues are important to everyone who is touched by Down syndrome, whether your child is 2 or 22. Don't wait until it is too late to affect change- every voice really does count! The Arc of Texas has a great advocacy handbook that will walk you through the steps of contacting a legislator and advocating for an issue. You can download the online version at <http://www.thearcoftexas.org/advocacy/publications.asp#handbook>.

## ANITA Best Film Award - 2009 Los Angeles Latino Film Festival DALLAS PREMIERE

**T**hursday, September 16, 2010  
- 7:00 p.m.  
Studio Movie Grill

Royal Lane

Co-sponsors:  
Down Syndrome Guild of Dallas  
Aaron Family Jewish Community Center  
The Special Needs Initiative of Jewish Family Services  
Latino Cultural Center

Advance tickets are \$10  
Tickets purchased at the door are \$12  
Call 214-739-2737 for tickets or order online at:

[www.jccdallas.org](http://www.jccdallas.org)  
Drama / Argentina / 104 minutes / 2009  
Spanish with English Subtitles

Anita Feldman, a young woman who has Down syndrome, lives a happy and sheltered life in Buenos Aires, meticulously cared for by her devoted mother. One tragic morning, while

left alone in the family's stationery shop for a short while, her carefree world is shattered by the terrorist bombing of the nearby Argentine Israelite Mutual Association. While her brother frantically searches for her, she wanders the streets, confused, for days on end, unable to explain where she lives. Her loving nature deeply touches those who come to her aid, from an alcoholic to a family of Asian immigrants. Alejandra Manzo, an actress with Down syndrome, gives a heartbreaking and touching performance in the title role.



## 10 Tips for a Successful School Year *By Pat Howey, Advocate*

**H**ere are ten tips to help you get off to a good start at the beginning of the new school year.

### 1. Help your child deal with transitions.

Is your child making the transition from preschool to kindergarten, from elementary to middle school, or from middle school to high school? Plan to take your child to visit the new school or classroom before the first day of school.

### 2. Reread your child's IEP.

Do you understand what the school agreed to provide? Do your child's teachers understand what they are to provide?

Is your child's IEP SMART? (specific, measurable, action words, realistic, and time-specific)?

### 3. Meet with your child's teacher(s) to discuss your child's special needs.

Take a picture of your child to the meeting. Teachers are more likely to take a personal interest in your child and remember your child's special needs if s/he has seen a picture of your child.

### 4. Take extra copies of your child's IEP to the meeting with the teacher(s).

Never assume that teachers have had time to read your child's IEP before school begins. Teachers have many things to do as they prepare for the first day of school. The teacher may not understand how important the IEP is to your child's success. Leave a copy of your child's IEP with each teacher.

### 5. Make a list of important things about your child.

Make a list of the five most important things that the teacher(s) need to know about your child. Explain why these things are vital to your child's success. Leave a copy of the list with each teacher.

### 6. Prepare to deal with potential problems early.

If your child is in general education classes, prepare for the teacher(s) who wants to see how your child "gets along" before making any changes in the way

they run their classrooms.

Teachers often take this position because they want to give their students a fresh start. You may need to explain why your child may fail unless the teacher understands his/her unique needs and provides the necessary services, accommodations, and supports.

### 7. Resolve old concerns and issues.

If you have concerns or issues that were not resolved during the last IEP meeting, request another IEP meeting immediately. Try to resolve these issues and concerns before your child begins to have problems this year.

### 8. Get a new assessment.

Consider getting your child's skills tested very early in the school year. Where are your child's skills on standardized educational achievement tests? Use these scores as baseline data. You can compare these scores with scores obtained at the end of the year to measure your child's progress.

### 9. Go to your school's Open House.

In addition to giving you another chance to meet with your child's teachers (and make a good impression), teachers often explain their classroom rules during Open House. When you attend, you have a chance to see if your child may have trouble understanding the teachers' rules. You will also be in a better position to explain these rules to your child.

### 10. Get a bound notebook.

Use the notebook as a "contact log" to send messages to the teachers. Write a sentence or two to the teacher(s) every day. Do not make your child the bearer of messages about problems at school. Make an extra copy of your log often in case the notebook is lost.



*Thank you to Sigma Alpha Epsilon – Texas Tech chapter and Frank O'Neal Hosted K.I.D.S. (Kickin' It for Down Syndrome) at the soccer Clinic and Tournament in April naming the Down Syndrome Guild of Dallas beneficiary of funds raised*

## Bowling Fun at AMF Lanes- Adult self advocates ages 19 and older

**S**aturday August 14, 2010  
1:00 p m-3:00 pm  
AMF Lanes Richardson  
2101 North Central Expressway  
Richardson, TX 75080-2708  
(Located on the west side of Central Expwy just north of Campbell Road behind Café Brazil)

Beat the August heat by joining us for an afternoon of bowling with friends. Self advocates pay only \$5.00 each for 2 hours of bowling, shoe rental, soft drinks and popcorn. What could be better on a hot summer day? You must RSVP by Monday August 9th to Neely Holland at 214-267-1374 or email [dallasdsg@sbcglobal.net](mailto:dallasdsg@sbcglobal.net). Hope to see you there!

## Self Advocates 19 and Older Wanted for 2010 Fall Conference

**H**ey self advocates 19 and older- help us make this year's Fall Conference "Learning Together- Focusing on Possibilities" the biggest success yet. Plan to support the Down Syndrome Guild by volunteering your time at the conference on Saturday, October 23, 2010. There are a variety of volunteer jobs and shifts available. Please contact Cara Prentice at [cprentice.dsg@verizon.net](mailto:cprentice.dsg@verizon.net) to reserve your volunteer position!

## Responding to a Child's Stress

*Reprinted from Inclusive Schools*

Network <http://www.inclusiveschools.org/>

### Tip of the Month:

Research shows that children begin to feel negative stress at a very young age. As they are exposed to new situations, new environments, or witness the stress of others, children feel threatened and helpless. Negative stress can be destructive to the physical and mental health of the child, thus impacting a child's performance in school.

Implementing stress management strategies prior to or during a stressful situation can reduce a child's stress significantly. Below are five easy strategies that can be used both in the classroom and at home:

- Supportive environments - Supportive environments where the child feels comfortable will help him or her to express emotions more easily. The child can also use objects or materials to communicate his or her stress
- Relaxation techniques - Deep breathing (e.g., "Take three deep breathes"), muscle relaxation (e.g., tense and relax muscles), and positive images (e.g., child imagines a place he or she would want to be) are all techniques to help calm a child down
- Feedback - Asking the child for feedback will ensure that the child comprehends what you are saying
- Positive Talk - Reminding the child of his or her positive qualities can help him or her to feel more confident when approaching new or stressful situations. Encouraging the child to practice positive self-talk can also help change his or her attitude about how to approach stress (e.g., "I can do this")
- Preparation - Preparing a child for an upcoming event that may be perceived as stressful will help him or her to have an understanding of the event before it occurs. Practicing ways to handle the situation will help the child be more prepared for the experience, thus reducing the stressful impact

## Slant 45 Team Chooses Family Gateway as Their Mission

**C**ameras rolled as The Down Syndrome Guild's Slant 45 team had a successful first meeting to brainstorm ideas on how to make our community better, and serve others in a fun and meaningful way. The team chose Family Gateway as their mission for the Service Learning Adventure in North Texas project.

Family Gateway provides housing and comprehensive services to families with children experiencing homelessness. Their programs focus on the needs of children and their parents, empowering them to move from their current crisis back to self-sufficiency. Family Gateway's facilities, programs and community partnerships are specifically designed to serve the needs of these fragile families. By providing children and their parents with a nurturing, family-centered environment coupled with counseling and training, families are strengthened, empowered and able to return to a life of self-sufficiency.

Our team will be planning, facilitating and performing in a talent show alongside some of the children of Family Gateway at our "Party for Change" in September. Family Gateway residents will be treated to an afternoon of fun, music and some very unique performances by our very own DSG teens. Along with the talent show and party, our team will be collecting goods donations for the families that are served through Family Gateway. Please consider contributing to this great organization by providing laundry detergent, baby wipes and diapers, school uniforms, new undergarments, towels and washcloths, toiletries, and/or vinyl mattress pads to be dropped off at the DSG office.

For more information about Family Gateway, see [www.familygateway.org](http://www.familygateway.org). For more information about Slant 45, see [www.slant45.org](http://www.slant45.org).

## 2010 Buddy Walk® – Start Planning Now!

**S**unday, November 7, 2010  
 Flag Pole Hill at White  
 Rock Lake

Activities begin at 11:00 am  
 Walk begins at 1:00 pm

Mark your calendar for the 2010 Buddy Walk® on Sunday, November 8th. We're pleased to partner once again with Park Place Volvo to host Dallas' biggest community awareness event in support of families of children with Down syndrome. The Buddy Walk® is an incredible day of celebration with family and friends to raise awareness, raise funds, and raise the hope of a better world for all people with Down syndrome.

Join us for a fun filled day that includes bounce houses, obstacle courses, slides, music, food, and most of all friends - old and new.

### *Buddy Walk® Challenge*

The Buddy Walk helps us to raise funds to support the programs of the Down Syndrome Guild of Dallas, including educational seminars for the families of school age children, parent to parent support, options for adults, and social events for all ages. Our goal this year is to double the donations and sponsorships we had last year. We need your help!

It's easy to form a Buddy Walk® team by going to the DSG website at [www.downsyndromedallas.org](http://www.downsyndromedallas.org) and downloading team forms. Start organizing your team now to begin raising money and promoting our goals of awareness, acceptance and inclusion of people with Down syndrome!

### *Tips for Raising Money:*

Day 1: Start by sponsoring yourself for **\$25**

Day 2: Ask three family members to sponsor you for **\$25**

Day 3: Ask five friends to sponsor you for **\$20**

Day 4: Ask five co-workers to sponsor you for **\$10**

Day 5: Ask five neighbors to sponsor you for **\$10**

Day 6: Ask five people from your place of worship to sponsor you for **\$10**

Day 7: E-mail 15 people and ask for a **\$20** donation

Day 8: Ask five businesses you patronize for **\$25**

Day 9: Ask your company for a matching donation

You raised **\$775** plus a company match!

### *Tips for Building a Team:*

Start with people that are closest to you:

1. Family Members
2. Friends
3. Neighbors
4. Business Associates
5. Others in the community (your hairdresser, doctor, etc)

### *Easy Steps for Donating Online:*

1. [www.downsyndromedallas.org](http://www.downsyndromedallas.org)
2. Click on "donate now" in the top right corner
3. Complete the contact information
4. Scroll down to gift information
5. Drop down to Buddy Walk®
6. Write the name of team for which you are donating in the "comment box"

Corporate sponsorships are also an important part of our effort - if you, your company, or anyone you know is interested in sponsoring the Buddy Walk®, please contact us at (214) 267-1374 or [dsged@sbcglobal.net](mailto:dsged@sbcglobal.net) for a sponsorship packet. There are several sponsorship levels from which to choose – and one is right for you!

## Quarterly Meeting for Families of Babies with Down syndrome

**S**unday, August 15, 2010  
 3:00 pm – 5:00 pm  
 Location: Jewish

Community Center of Dallas  
 7900 Northaven Road  
 Dallas, TX 75230-3392

Speakers: Panel of Siblings  
 Topic: Siblings- Come Hear What They're Saying

Please join us to meet other parents, some new – some not so new! Get information, ask questions, and find out how the Down Syndrome Guild of Dallas can be a resource and support for you and your family. We look forward to meeting you and your whole family!

*Location:* As you walk in the front door of the JCC, go straight ahead down the main hallway, and we will be in the first and second rooms on the right. The adults are in the Big D Room and the siblings have their own play room right next door in the Yad B'Yad Room.

If you have any questions, please call the Down Syndrome Guild office at (214) 267-1374.

1702 N. COLLINS  
SUITE 170  
RICHARDSON, TX 75080

*Return Service Requested*

(214) 267-1374

[www.downsyndromedallas.org](http://www.downsyndromedallas.org)

[dsged@sbcglobal.net](mailto:dsged@sbcglobal.net)

EXECUTIVE DIRECTOR: BECKY SLAKMAN

PRESIDENT: TERRI MCKINNEY

LAYOUT EDITOR: NEELY HOLLAND

DOWN SYNDROME CLINIC EVERY FRIDAY

AT CHILDREN'S MEDICAL CENTER.

CALL (214) 456-2357

NON-PROFIT ORG.

U.S. POSTAGE

PAID

RICHARDSON, TX

PERMIT NO. 65

Disclaimer: The Down Syndrome Guild of Dallas (the DSG) assumes no specific or implied liability with respect to the interpretation, use, misuse or subsequent communication of editorial content or information contained in this publication. The opinions, beliefs and viewpoints expressed herein are those of the individual authors and contributors and do not necessarily represent those of the DSG, its directors, members or the editor of this publication. The content of all *The DSG News* is provided as a public service for informational purpose only and is not a substitute for medical or professional advice. *The DSG News* does not endorse any particular therapy, institution or professional system. The information herein is presented as is, without warranty of any kind express or implied. Submissions to *The DSG News* are edited to ensure usage of 'people first' language.

8

DOWN SYNDROME GUILD OF DALLAS



MISSION STATEMENT: THE DOWN SYNDROME GUILD OF DALLAS PROVIDES ACCURATE AND CURRENT INFORMATION, RESOURCES AND SUPPORT FOR PEOPLE WITH DOWN SYNDROME, THEIR FAMILIES AND THE COMMUNITY.

ARE YOU MOVING? DON'T FORGET TO PROVIDE US WITH YOUR CHANGE OF ADDRESS BY CALLING THE OFFICE OR BY E-MAIL AT [DALLASDSG@SBCGLOBAL.NET](mailto:DALLASDSG@SBCGLOBAL.NET).

THE PUBLICATION OF *THE DSG NEWS* IS MADE POSSIBLE BY THE GENEROSITY OF THE CHARLES H. PHIPPS FAMILY FOUNDATION.

## Down Syndrome Guild Calendar of Events

**August 9**  
Bowling Night  
*For adults 19 and over*

**August 15**  
New Parent's Meeting

**August 18**  
Dads' Group Happy Hour

**Spetember 17**  
Dallas premiere of "Anita"

**Spetember 21**  
Herb's Paint & Body/ DSG  
Golf Classic

**October 23**  
DSG Fall Conference